



Topic Talks

Dementia

There are a number of conditions that produce symptoms similar to dementia yet early diagnosis will mean early access to support, information, and medication should it be available. This week's topic will be Dementia.

Dementia in Australia

- It is estimated that in 2020 there are between 400,000 and 459,000 Australians with dementia
- Alzheimer's disease accounts for up to 70% of diagnosed cases
- The number of people with dementia is expected to increase to between 550,000 and 590,000 by 2030

What is Dementia?

Dementia is a term used to describe a group of conditions characterised by the gradual impairment of brain function. It is commonly associated with memory loss, but can affect speech, cognition (thought), behaviour and mobility. An individual's personality may also change, and health and functional ability decline as the condition progresses.

Let's talk

Suggested questions to ask yourself or your peers this week



How would you rate your level of understanding of this topic?

Watch a webinar, listen to a podcast, look at the websites. Learn something new.

With the total numbers of Australians with Dementia expected to increase - what are the implications for nursing care?

Think about acute, sub-acute and residential settings - what are the challenges in these environments for caring with those with dementia? How might these be managed?

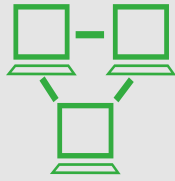
What are the resources available in your organisation and community for Dementia care?

Find out what is available to you as a health professional and in the community. How do you access it?

What are 2 new pieces of information you have learned about the topic this week?

Think about what you have learned. How can you use this learning going forward?

Loddon Mallee Activities and Resources



What's on the Web?



References:



Tuesdays@2 Webinar

Tuesday 21st September, 2pm. Join the webinar via the [Bendigo Health Website](#)

or via zoom <https://bendigohealth.zoom.us/j/93324155450?pwd=Nm9iSUZmSEl4enJHWFRheWRtaTdaUT09>

Speaker:

- Libby Wade: Regional Dementia Nurse Consultant, Community Nursing Services

[Dementia Action Week 20-26 September](#)
[Dementia Awareness Month September 2021](#)

E-Learning:

- Dementia Australia: [Centre for Dementia Learning](#)
- Aust Govt Dept Health: [Dementia Training Program](#)
- Dementia Training Australia: [Dementia Training for the Australian workforce](#)

Webcasts:

- Dementia Australia: [Webinars](#)
- Phoenix Australia (2021) [Understanding Trauma and Dementia In Aged Care](#) [58:58]
- Dementia Alliance International: [Meeting of the minds webinars](#)
- Alzheimers Disease International (2020) [Supporting people with dementia during COVID-19](#) [1:30:12]
- Alzheimers Disease International (2018) [Let's Talk Dementia Research: Demystifying trials, access & understanding.](#) [1:23:27]
- Life Changes Trust (2020) [Technology and Dementia](#) [2:12:52]

Podcasts:

- The Dementia Centre: [Cultural Awareness in care](#)
- Dementia Australia: [Podcasts](#)
- A Grey Matter: [Queensland Brain Institute podcasts](#)

Apps

- [The Dementia Friendly home app](#)
- [Dementia Support Australia app](#)
- Senior Directory: [9 great apps for people with Dementia](#)

Web Sites:

- [Dementia Australia](#)
- [Dementia Support Australia](#)
- Vic Govt: [Dementia Services](#)

- Australian Institute of Health and Welfare (2020) Dementia Snapshot. Retrieved from <https://www.aihw.gov.au/reports/australias-health/dementia>